Churro French Toast





½ cup unsweetened soy or almond milk 1/4 cup silken or soft tofu 1½ teaspoons vanilla extract Pinch sea salt ½ cup organic cane sugar 1 tablespoon ground cinnamon 4 tablespoons vegan butter, divided 8 pieces sturdy vegan bread (not standard white bread)

Maple syrup, for serving

SERVES 4 • PREP TIME: 10 MINUTES • COOK TIME: 15 MINUTES

Churro: a sweet snack consisting of a strip of fried dough dusted with sugar or cinnamon. French toast: bread that is coated and fried. Basically, I combined the two. You're welcome.

- 1. In a wide, shallow bowl, whisk together the milk, tofu, vanilla, and salt, making sure to break down the tofu, until the mixture is smooth.
- 2. In another wide, shallow bowl, whisk together the sugar and cinnamon until well combined.
- 3. Heat a large skillet over medium-high heat. Drop 1 tablespoon of butter into the pan. As it melts, quickly dredge 2 pieces of bread through the milk mixture, being sure to get only the outsides of the bread moist. Do not soak it.
- 4. Transfer both slices of bread to the skillet and cook until lightly browned, about 2 minutes per side. Transfer the bread to the sugar-and-cinnamon mixture and coat evenly on both sides, knocking off any excess sugar and cinnamon.
- 5. Repeat with the remaining bread, 2 pieces at a time, melting 1 tablespoon of butter to start each time. Serve hot, topped with maple syrup.